



Building Faith@HOME

1st Reading: Gn 22:1-2, 9a, 10-13, 15-18

Responsorial Psalm:

Ps 116:10, 15, 16-17, 18-19

Second Reading: Rom 8:31b-34

Gospel: Mk 9:2-10

The echo of "Here I am" (hineni) throughout the Scriptures, from Abraham to Samuel, and echoed by Isaiah, serves as a powerful testament to the attitude of readiness and submission expected of God's servants. This phrase in the first reading is not merely a statement of presence but a declaration of total availability to God's call, signaling a readiness to act according to His will.

This posture of obedience is crucial in the Lenten journey, as it invites believers to attune their ears and hearts to God's voice, ready to respond with the same immediacy and trust as those who walked the path of faith before us. It underscores the importance of discernment and willingness to embrace God's will, even when it leads us into the unknown or demands sacrifices that test the depth of our faith.

The Gospel tells the account of one of the Rosary's Luminous Mysteries. The Transfiguration is a mysterious event! Jesus's clothes become a dazzling luminous white in the darkness of the day. In their fear and wonder, a voice came from a cloud, "This is my beloved Son, listen to him."

Missionary Discipleship: The feast of the Transfiguration is an important opportunity for believers to look to Christ as "the light of the world," and to experience the kind of conversion which the Bible frequently describes as an emergence from darkness to light. What "darkness" do you need to overcome with help of Jesus?

Family Table Talk

Children: Name or draw a picture of a time you knew that Jesus was with you.

Youth & Adults: The disciples had a very intense experience of Jesus on the mountain. Have you ever had a "mountain top" experience? What was it like for you?



A year with an extra day is a 'leap' year. God supplies us with extra time to do great and wonderful things. What will you be doing on Leap Day February 29th?

Thought-Filled Ways to Celebrate Leap Day

Create a time capsule to be opened on the next Leap Day. Include one or more of the following:

- a **family photo** that will be fun to compare with the future versions of You.

- a **letter to their future selves** which they can respond to the next Leap Day.

- write letters to each other.** How funny to read what your 8-year-old wrote to you now that they are on the brink of being a teenager!

- create life-sized cutouts** of your kid - Lie your kids down on un-rolled kraft paper, trace them, cut them out, let your kids decorate themselves, roll them up, put them somewhere safe, and wait four years.

- create a self portrait**

- And.... write a family prayer to open again in four years!**

Source < Kidsoutandabout.com >



Catholic Kids Media
Lent Week 2 Cycle B

bit.ly/Lent-2B



Pray - Pray for those in other countries who may be in conflict

Fast - Walk away from others who may be talking negatively about others

Give - Give a friendly call an elderly relative, neighbor or friend.



Links for More Ideas, Activities & Resources FYI

Discountschoolsupply.com - *Abraham's kids: star mobile* (Kids Faith Builder)

Catholicinspired.com - *Transfiguration of Jesus, Sun-Catcher craft* (Children's Faith Builder)

wikipedia.org - *Transfiguration of Jesus in Christian art.* Explore many pieces of sacred art here! (All ages Faith Builder)
(This is a great way to pray using a "visio divina")

YouTube.com - *Bishop Barron on Abraham, Isaac, and Christ* (Adult Faith Builder)

This resource is meant to be used in a digital format with hyperlinks,

Digital Format can found at:

syracusediocese.org/partnering-with-families



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February 25, 2024

2024 - A Year of Prayer

'Jesus was praying in a certain place, and when he finished, one of his disciples said to him,

"Lord, teach us to pray..." '- Luke 11:1

Prayer@HOME



Cut & Pray!

F.R.O.G

Fully Rely On God

Trust in the Lord
with all your heart
and lean not on
your own
understanding;

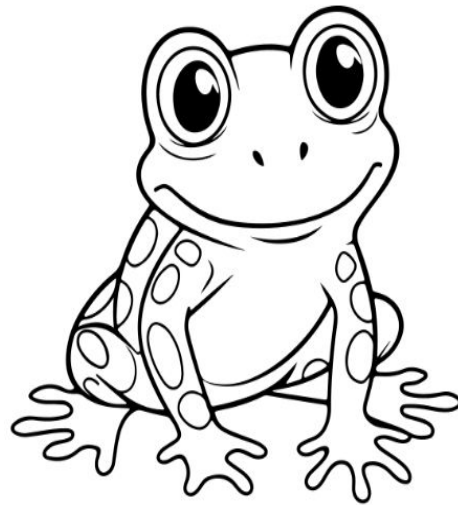
In all your ways
acknowledge him,
And he will make
your paths straight.

Proverbs 3:5-6



F.R.O.G

Fully Rely On God



Scripture Verse of the
Week
From Sunday's Mass



"I will walk before the
Lord, in the land of the
living."

Psalm 116:9



Challenge:
This week, take a
prayerful walk
with your family.
Pray for your
neighbors, pray
for creation, pray
for each other.

Leap into your bible
and choose your favorite
scripture verse to add to your
bookmark! Here are a few to

look up:

Philippians 4:13

Psalm 28:7

Isaiah 26:4

Jeremiah 33:3

1 Chronicles 16:11

Here are two bookmarks, one for you and one to share!
Color the one and add your favorite scripture verse!
Keep your bookmark close to you and remember to
fully rely on God!

